

A Physical Demands Analysis (PDA) is a systematic procedure to objectively measure the physical and environmental demands associated with the performance of the essential and non-essential tasks of a job. This assessment is necessary to understand and quantify the physical demands placed on a workforce.

Your PDA includes:

- ∴ Interviews with managers and other employees
- ∴ Professional observation of employees performing job requirements
- ∴ Objective measurement, weighing and counting of physical job demands
- ∴ Ergonomic assessment
- ∴ Report generation

Benefits of a PDA

- ∴ Provides objective data based on quantitative, valid and reliable testing
- ∴ Identify essential versus non-essential tasks of a job
- ∴ Examine all job tasks including physical hazards and environmental constraints
- ∴ Important tool to evaluate work related injuries
- ∴ Provides information necessary to develop a post offer pre-employment screening



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In today's competitive business climate, it is not enough to react to health issues when they arise. By integrating prevention into your company philosophy and strategy, you can proactively respond to health concerns before these negatively affect the bottom line.

To engage Ziest's professional expertise to book a PDA please call 403-899-9899 or email info@ziest.ca.

Location and Contact Information

Head Office

Ziest Inc.
Suite 105
120 Country Hills Landing NW
Calgary, AB T3K 5P3
E-mail info@ziest.ca
Website www.ziest.ca



Downtown Office

Ziest Inc.
Watermark Tower
202, 530 8th Avenue SW
Calgary, AB T2P 3S8
Email info@ziest.ca
Web www.ziest.ca

